

Skin types and recommended MelanSol® products

Skin Type	Sunburn Tendency	Sunburn Tendency	Skin, Hair, and Eye Color	Recommended MelanSol® Product
I	Always burns	Never tans	Fair skin (extremely sensitive), freckles, blond or red hair, blue or green eyes	100% Natural Sunscreen Lotion SPF-30
II	Always burns	Sometimes tans	Fair skin (very sensitive), blond hair, blue or green eyes	100% Natural Sunscreen Lotion SPF-20
III	Sometimes burns	Always tans	Caucasian skin (sensitive), usually blond to dark hair, green or brown eyes	100% Natural Sunscreen Lotion SPF-20
IV	Rarely burns	Always tans	Mediterranean, Hispanic, Asian, olive skin (moderately sensitive), dark hair, brown eyes	100% Natural Sunscreen Lotion SPF-10
V	Almost never burns	Tans deeply	Middle Eastern, Latino, Indian, light-skinned blacks (minimally sensitive)	100% Natural Sunscreen Lotion SPF-10
VI	Never burns	Deeply pigmented	Markedly pigmented black skin (not sensitive)	100% Natural Moisturizing and After Sun Lotion

(Fitzpatrick, 1975)

For sporting activities such as Surfing, Skiing, Mountain Climbing and Kids Playing in Water, the SPF-30 is recommended.